



NATIONAL LEARN TO SWIM DAY MAY 18

7:30 A.M. - 2:30 P.M. • AQUATIC CENTER

AGE GROUP SESSIONS: 7:30-11 A.M. • YOUTH SESSIONS: 11:30 A.M.- 2:30 P.M.

REGISTER BETWEEN APRIL 29 - MAY 15 AT THE AQUATIC CENTER

Age Group Sessions:
\$145 All Four Strokes
\$90 Backstroke/ Freestyle

Youth Sessions:
\$112 All Four Strokes
\$70 Backstroke and Freestyle

- Stroke Development and Improvement Clinic for swimmers and Triathletes.
- Improve your Butterfly, Back, Breast and Freestyle stroke.

For anyone who wants to improve technique and learn drills that will enable you to continue to refine your stroke. Your stroke will be evaluated and corrected with the use of drills and coach instruction.



Aquatic Center
Bldg. 404 • 719-556-4608