



**M&FRC**  
**135 Dover St**  
**Bldg 350**  
**Ste 1203**  
**Peterson SFB**  
**Colorado**  
**80914**

# Upcoming EFMP Events

**For more information:**  
Call 719-556-6141

## Living Will, 2-Part Class

- Protect Your Family: Life Insurance Basics for Special Needs Planning
- Advanced Healthcare Directive, in the event that you can no longer make decisions for yourself.
- **MAY 9 & 22, 2:00 PM - 4:00 PM**

## Lunch & Learn Workshop

- Become A CNA For Your Loved One
- Respite Care: Taking care of a family member with special needs can be more than a full-time job. Respite care provides a temporary break to recharge and refresh.
- **APRIL 10, 11:30 AM - 12:30 PM**

## STEM Experience

- Challenger Learning Center
- If your family is looking for a way to learn and play together, you'll be sure to find something fun here!
- **APRIL 20, 9:00 AM - 1:00 PM**

