



## DID YOU KNOW?

- Military children relocate every 1-4 years, three times more often than their civilian peers (Harvard University- Center for the Developing Child).
- The most common factor for children who develop resiliency is at least one stable and committed relationship with a supportive parent, caregiver, or other adult (Berg, 2008; Bradshaw, Sudhinaraset, Mmari, & Blum, 2010; & Hipps, 2011).
- Out of 1.85 million military children, 1.2 of them falls into the K-12 education range of 6-18 years of age (DOD, 2010).



## ABOUT US

Anchored4Life has teamed up with the United States military to provide a comprehensive transition and resiliency Club for all youth. The peer-to-peer Club positively supports and encourages youth through the mastery of resiliency life skills. Anchored4Life serves schools, home school groups, and Child and Youth Programs.



Follow us on social media: @a4lclub

### BUSINESS INFORMATION:

- [www.anchored4life.com](http://www.anchored4life.com)
- [contact-us@anchored4life.com](mailto:contact-us@anchored4life.com)

## ELEMENTARY-AGED YOUTH

## CLUB FEATURES

Anchored4Life's Club Features provide opportunities for youth to acquire and maintain valuable life skills. These skills will help increase self-esteem and self-worth, integrate empathy and integrity into daily activities, and help strengthen positive connections with others.

- **Character Development Quotes** provide inspiring messages to increase positive interactions.
- **Kits** provide resources to master resiliency life skills.
- **Tours** familiarize transitioning youth with the location.
- **Activity Groups** have specially designed life skill development curriculum to foster peer-led support.
- **Service Projects** strengthen community ties by helping others.
- **Training and Ongoing Support** are provided to all participating locations to ensure club consistency.

“**HELPING TO DEVELOP  
HAPPIER, HEALTHIER,  
AND MORE CONFIDENT  
KIDS**”

## CLUB POSITIONS

**One (1) Administrative Point of Contact** –  
A designated individual who oversees the club.

**Two (2) Advisers** –  
Committed adults collaborating with Team Leaders to facilitate the Club Features.

**Eight (8) Team Leaders** –  
4th - 6th grade youth who identify and assist transitioning youth with resiliency tools and resources.

**Unlimited Crew Members** –  
Provide classroom support to transitioning youth.

## OUR GOALS

1. Teach and reinforce life skills for youth to better connect with their peers and community during transitions.
2. Provide growing opportunities to increase competency and character by positively addressing setbacks.
3. Build confident leaders who inspire others by contributing to a caring and supportive environment.

